

PSHE Curriculum Map Year 7

Term	Units of Study	Curriculum Guidelines	NC –Aims / Focus Points
Autumn 1	<p>Bullying: (Introduction)</p> <ul style="list-style-type: none"> • Anti- Bullying week • Name Calling • Cyber • Hands On • Rumours • Friendship 	<ul style="list-style-type: none"> • The nature of rules and laws and the justice system. 	<ul style="list-style-type: none"> • Pupils should use and apply their knowledge and understanding.
Autumn 2	<p>Drugs, smoking & alcohol awareness: (Introduction)</p> <ul style="list-style-type: none"> • Drugs: Cannabis, Heroin, Ecstasy • Smoking: Reasons why people smoke, long and short term effects, advice on quitting • Alcohol: Reasons why people drink, long and short term effects, alcohol and the law 	<ul style="list-style-type: none"> • The nature of rules and laws and the justice system. 	<ul style="list-style-type: none"> • Students to develop skills to independently research about drugs.
Spring 1	<p>My Future</p> <ul style="list-style-type: none"> • What you want to be when you grow up. • Different types of professions and roles. • Job expectations. • Interview role play. 	<ul style="list-style-type: none"> • The way in which citizens work together to improve their communities. 	<ul style="list-style-type: none"> • Prepare pupils to take their place in society as responsible citizens.
Spring 2	<p>Precious Liberties</p> <ul style="list-style-type: none"> • Introduction to Human Rights 	<ul style="list-style-type: none"> • The precious liberties enjoyed by the citizens of the United Kingdom. 	<ul style="list-style-type: none"> • Develop a sound knowledge and understanding of the role of law. • Pupils equipped with

			the skills to think critically and debate political questions
Summer 1	<p>Accepting differences</p> <ul style="list-style-type: none"> • Introduction to Religions; Christianity, Islam, Hinduism, Sikhism, Judaism, Buddhism • Voluntary and Charity groups in society. • Faith and prey 	<ul style="list-style-type: none"> • The precious liberties enjoyed by the citizens of the United Kingdom. 	<ul style="list-style-type: none"> • Develop an interest in, and commitment to, participation in volunteering as well as other forms of responsible activity that they will take with them into adulthood.
Summer 2	<p>Health and Exercise:</p> <ul style="list-style-type: none"> • Puberty and changes to your body • Puberty and emotions • Health implications of a non healthy life style. • Fit and healthy body. 	<ul style="list-style-type: none"> • To understand and apply the long term health benefits of physical activity. <i>(Cross Curricular with Physical Education)</i> 	<ul style="list-style-type: none"> • Develop an interest in other forms of responsible activity that they will take with them into adulthood.
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