

Physical Education Curriculum Map - Year 11

Term	Units of Study	Curriculum Guidelines	NC –Aims / Focus Points
Autumn 1	Football <ul style="list-style-type: none"> • Game Situations/Refereeing • Keeping Possession • To assess and evaluate key techniques 	<ul style="list-style-type: none"> • To evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best 	<ul style="list-style-type: none"> • Pupils are physically active for sustained periods of time
Autumn 2	Basketball <ul style="list-style-type: none"> • Tactics and analysis of strengths • Game Situations/Refereeing • Dummies, fakes and screens 	<ul style="list-style-type: none"> • To use and develop a variety of tactics and strategies to overcome opponents in team and individual games. 	<ul style="list-style-type: none"> • Pupils should develop competence to excel in a broad range of physical activities
Spring 1	Table Tennis <ul style="list-style-type: none"> • Doubles and singles game play • Footwork and spin 	<ul style="list-style-type: none"> • To evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best 	<ul style="list-style-type: none"> • Pupils should develop competence to excel in a broad range of physical activities
Spring 2	Cricket <ul style="list-style-type: none"> • Batting- pull shot • Analysing performance 	<ul style="list-style-type: none"> • To develop their technique and improve their performance in other competitive sports or other physical activities 	<ul style="list-style-type: none"> • Pupils should develop competence to excel in a broad range of physical activities

<p>Summer 1</p>	<p>Softball</p> <ul style="list-style-type: none"> • Game play • Tactical analysis 	<ul style="list-style-type: none"> • To use and develop a variety of tactics and strategies to overcome opponents in team and individual games 	<ul style="list-style-type: none"> • Pupils should engage in competitive sports and activities
<p>Summer 2</p>	<p>Tennis</p> <ul style="list-style-type: none"> • Role of Coach/umpiring • Doubles play- Tactics/strategies • Service development 	<ul style="list-style-type: none"> • To develop their technique and improve their performance in other competitive sports or other physical activities 	<ul style="list-style-type: none"> • Encourage students to lead healthy, active lives.
<p>Notes*****</p>	<p>All pupils will participate in competitive sports against other schools or in house tournaments throughout the academic year. There will also be opportunities for all pupils to go on school trips to sports clubs and take part in outdoor and adventurous activities which present intellectual and physical challenges.</p>	<ul style="list-style-type: none"> • To continue to take part regularly in competitive sports and activities outside school through community links or sports clubs. 	<ul style="list-style-type: none"> • Pupils should engage in competitive sports and activities